# Product Allergen Specifications

**Pasties & Savouries**

| Page 1 of 2<br>**Allergen**<br>**Product** | Calories | Celery | Cereals containing Gluten eg Wheat | Crustaceans e.g. Prawns | Eggs | Fish | Lupin | Milk (Lactose) | Molluscs i.e. shellfish | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Small Steak Pasty * | 544 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Medium Steak Pasty * | 688 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Large Steak Pasty * | 827 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Giant Steak Pasty * | 1073 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Beef and Stilton Pasty (Large)* | 973 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| | | | | | | | | | | | | | | | |
| Cheese and Bacon Pasty * | 701 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Steak and Ale Pasty (Large)* | 1000 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Lamb and Mint Pasty* | 782 | M | ✓ | | | | | ✓ | | M | | | | ✓ | M |
| Chicken and Leek Pasty* | 690 | M | ✓ | | M | | | ✓ | | M | | | | ✓ | |
| Cheese and Onion Pasty* | 737 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Spicy Mediterranean Vegetable* | 658 | | ✓ | | | | | | | | | | | ✓ | |
| Vegetable Pasty* | 678 | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | |
| Broccoli Cheese and Sweetcorn Pasty* | 722 | | ✓ | | | | | ✓ | | ✓ | | | | ✓ | |
| Chicken and Mushroom Pasty | 666 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Spinach and Ricotta Pasty* | 760 | | ✓ | | | | | ✓ | | | ✓ | | | ✓ | |
| Chicken Chorizo Bacon Pasty* | 717 | | ✓ | | | | | | | M | | | | | |
| Chicken and Bacon Pasty* | 760 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Red Thai Chicken Pasty* | 722 | | ✓ | ✓ | | | | ✓ | | M | | | | ✓ | |
| Turkey and Cranberry Pasty* | 757 | M | ✓ | | M | | | ✓ | | M | | | | ✓ | |
| Updated 24 May 2022 | | | | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Vegan Red Thai Pasty | 704 | | ✓ | | | | | | | | | | | ✓ | |
| Chicken and Mushroom Slice* | 428 | ✓ | ✓ | | | | | ✓ | | | | | | | |
| Chilli Beef slice | 443 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Chicken Jalfrezi Slice * | 433 | | ✓ | | | | | ✓ | | | | | | | |
| Steak Slice * | 430 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese and Onion Slice* | 487 | | ✓ | | ✓ | | | ✓ | | ✓ | | | | ✓ | |
| Meatball Marinara Lattice | 276 per 100g | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | |
| Bacon and Cheese Bite* | 585 | | ✓ | | | | | ✓ | | | | | | | |
| Sausage and Cheese Bite * | 675 | ✓ | ✓ | | | | | ✓ | | | | | | | ✓ |
| Medium Sausage Roll* | 409 | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ |
| Large Sausage Roll* | 513 | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ |
| Vegan Sausage Roll* | 515 | | ✓ | | | | | | | | | | | | ✓ |
| Bacon, Brie and Cranberry Bite | 562 | | ✓ | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | | |
| Christmas Sausage Roll* | 512 | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ |
| Corned Beef Pasty (Bako) | 583 | | ✓ | | | | | ✓ | | | | | | ✓ | |
| | | | | | | | | | | | | | | | |
| Heavy Cake (Portreath Bakery) | 459 | | ✓ | | | | | ✓ | | | | | | | ✓ |
| | | | | | | | | | | | | | | | |
| Ovex Glaze | | | | | | | | ✓ | | | | | | | |
| M = May Contain | | | | | | | | | | | | | | | |
| Updated 24 May 2022 | | | | | | | | | | | | | | | |