

Product Allergen Specifications

Page 1 of 3 Cakes and Biscuits	Allergen	Calories	Celery	Cereals containing Gluten eg Wheat	Crustaceans e.g. Prawns	Eggs	Fish	Lupin	Milk (Lactose)	Molluscs i.e. shellfish	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Prima Bakery scones				✓		✓			✓							
Fudge Icing		423 per 100g		✓					✓						✓	✓
Fudge Brownie		420 per 100g		✓		✓			✓						✓	
Lotus Biscoff Biscuits		484 per 100g		✓											✓	
Lotus Biscoff Caramelised Topping		584 per 100g		✓											✓	
Cherry Rhubarb Slice		291 per 100g		✓		✓			✓							
Apple and Almond Slice		284 per 100g		✓		✓			✓			✓				
Strawberry and Rhubarb Slice		326 per 100g		✓		✓			✓							
Chocolate Hazelnut Cannoli				✓		✓			✓			✓			✓	
Pistachio Cannoli				✓		✓			✓			✓			✓	
White Chocolate Cannoli				✓		✓			✓						✓	
Lemon Cannoli				✓		✓			✓						✓	
Chocolate Hazelnut Aragostine				✓		✓			✓			✓			✓	
Gluten Free Cannoli Salted Caramel									✓			✓	✓		✓	
Double Chocolate Donut Brakes		360		✓					✓						✓	
Jam Donuts Brakes		232		✓											✓	

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Caramel Donut		285		✓		✓			✓						✓	
Strawberry Donut				✓		✓			✓						✓	
Caramel Shortcake				✓					✓						✓	
Iced Ring Donut		484 per 100g		✓					✓							
Triple Belgian Chocolate Cookie		483		✓		✓			✓						✓	
Oat Raisin Lemon Cookie		406		✓		✓			✓						✓	
Millionaire Individual Slice		528		✓					✓						✓	
Ginger Bread Teddy				✓		✓			✓							
Bakewell Tart		496		✓		✓			✓			✓				✓
Large Croissant (Hunts)		359		✓		✓			✓							
Chocolate and Hazelnut filled Croissant		331		✓		✓			✓			✓			✓	
Chocolate Twist		275		✓		✓			✓						✓	
Pain aux Raisin		321		✓		✓			✓							
Iced Yum Yum (Brakes)		329		✓		✓			✓							
Heavy Cakes (Portreath Bakery)		466		✓					✓							✓

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Peck and Strong (Exeter Exclusive Product)															
Chocolate and Coconut Flapjack	542 per 100g		✓										✓		
Caramel Flapjack (Exeter Only)	479 per 100g		✓					✓							*
Yogurt Topped Apple Blackcurrant Flapjack (Exeter Only)	438 per 100g		✓					✓		*			✓		*
Lemon Drizzle Meringue Cloud	389 per 100g				✓			✓		*			✓		
Raspberry Eton Mess Meringue Cloud	398 per 100g				✓			✓		*			✓		
Double Chocolate Meringue Cloud	385 per 100g				✓			*		*			✓		
Caramel Swirl Meringue Cloud	386 per 100g				✓			✓		*			✓		
<ul style="list-style-type: none"> • * May Contain 															
Updated 12 January 2023															